

## Application

Membership Type (check one):

- Single \$30**  **Family \$40**  
 **Student \$10**  **Volunteer \$10**  
Check one:  **New**  **Renewal**

RMRR is a member of the Road Runners Club of America (RRCA). Membership dues include membership in RRCA.

Make checks payable and mail to:

**Rocky Mountain Road Runners**  
537 East Mississippi Ave.  
Denver, CO 80210

You can also register online through Active.com. See the link on

[www.rmrr.org](http://www.rmrr.org).



Rocky Mountain  
Road Runners  
537 E. Mississippi Ave  
Denver, CO 80210  
303-871-8366  
www.rmrr.org



# Rocky Mountain Road Runners

Membership Application

Love to run?

So do we!

*Come join us!*

I know that running, race-walking and volunteering in club activities is potentially hazardous. I will not enter or participate in club activities unless I am medically able and properly trained. I assume all risks associated with racing and volunteering including, but not limited to: falls; contact with other participants; inclement weather including heat, humidity, ice and cold; road and traffic. Having read this waiver and knowing these facts, and in consideration of acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, Rocky Mountain Road Runners, and all sponsors, their representatives and successors, and all RMRR members, board members, and volunteers, from all claims or liabilities of any kind arising out of my participation in club activities, even though that liability may arise out of negligence or carelessness on the part of any person or party released in this waiver. I also understand that my name, race results, and picture may be placed on the RMRR website and my picture may be used for promotional purposes. I may request, however, that my name or picture not be posted on the website or used for promotional purposes by emailing [rmrr@rmrr.org](mailto:rmrr@rmrr.org).

Signature \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

(Parent's Signature if under 18 years of age)

Name \_\_\_\_\_  
Birthdate \_\_\_\_\_ Sex:  Female  Male  
Address : \_\_\_\_\_  
\_\_\_\_\_  
City, State Zip  
Phone: Day \_\_\_\_\_ Eve \_\_\_\_\_  
email: \_\_\_\_\_  
Check if you do NOT wish to receive email updates   
**Family Memberships:** list family members.  
Name \_\_\_\_\_  
Birthdate \_\_\_\_\_  F  M  
Name \_\_\_\_\_  
Birthdate \_\_\_\_\_  F  M  
Name \_\_\_\_\_  
Birthdate \_\_\_\_\_  F  M

Please tell us why you joined RMRR:

\_\_\_\_\_  
\_\_\_\_\_

## Rocky Mountain Road Runners

### Denver's Premier Running Club

Since 1959, Rocky Mountain Road Runners (RMRR) has supported the sport of running in the Denver metro area. The club serves the local community by providing opportunities for runners and walkers of all



abilities to participate in running and walking activities, from races and training runs to social events.

RMRR members come from all walks of life, but we all share an enthusiasm for our sport.

We invite you to join our growing community of runners and walkers.

### Benefits

- Discounts at area running stores.
- Monthly competitive races
- Weekly training and fun runs
- Volunteer opportunities
- Marathon training series
- Membership eligibility in the Space Age Federal Credit Union.
- Membership in Road Runners Club of America. See [www.rrca.org](http://www.rrca.org).

### Training/Fun Runs

The club holds a number of group runs throughout the week at various locations in the Denver Metro area. These runs offer both serious training and a friendly social setting. Group runs are a great way to learn about new places to run and to meet new friends. The groups often go out for food after the runs. Check out our website – [www.rmrr.org](http://www.rmrr.org) – for schedules and additional information.



RMRR Track Practice Participants

### Volunteer

Rocky Mountain Road Runners is a non-profit, all volunteer organization with a long and distinguished history of conducting and managing running and other athletic events. Our success comes from a solid base of experienced and dedicated volunteers who give their time and effort to work at events so that others can participate.

### Trophy Series Races

RMRR offers a series of monthly races for runners and race walkers. Called the Trophy Series, it uses a unique handicap start and scoring system that provides runners of all abilities an equal chance of winning.

The series consists of 12 races, held once each month, of distances from 2 to 10 miles, at various locations throughout the Denver Metro area. Participants are given start times based on ability and performance at prior races.

Trophy Series races are FREE to members. Non-members are welcome for a \$5 fee. Come join us to race in a fun and low key environment.

#### Membership

The RMRR offers a number of membership options:

- Individual - \$30
- Family (2 or more people at the same address) - \$40
- Student (under 22 years old) - \$10
- Volunteer (members who volunteer but don't run) - \$10.

Memberships run for 12 months from the date of application.

#### For more information

- Visit us on the web at [www.rmrr.org](http://www.rmrr.org).
- Send an e-mail to us at [rmrr@rmrr.org](mailto:rmrr@rmrr.org).
- Call the info line at **303-871-8366**.
- Pick up club information at area running stores.